



Whenever I have presented *OASIS in the Overwhelm*, invariably someone asks:
“How can I learn this so that I can teach others?”

I have received that request from coaches, nurses, parents, social workers, teachers, engineers, executive secretaries and other business professionals.

In response to this need, I am **delighted to announce the launching of**

OASIS - Training the Trainers -
Date: Saturday, November 14th,
8:30 am to 4:00 pm

If you are interested in becoming a member of this group, let me know soon!
See Application Form in separate attachment.

TRAINING the TRAINERS - with Millie Grenough*

All-Day Training
Saturday, November 14th, 8:30 am to 4:00 pm

followed by 2 Teleconferences

+ ½ day Training

at Millie Grenough's office:
200 Orchard Street, Suite 301 New Haven, CT. 06511

Description of the Training Program, Objectives & Training Materials follows.

* This program has been approved for 12 CECs by the National Association of Social Workers, and 14 CCEs with the International Coach Federation.

At the All-Day Training, Millie will present the *OASIS* philosophy and strategies in depth, and will encourage you to deepen your own personal experience of the *OASIS Strategies*. You will be expected to have become familiar with practicing the *OASIS Strategies* yourself prior to this day of training.

During this All-Day Training, you will have the opportunity to:

- view Millie’s model of presenting the *OASIS Strategies*
- learn from a Trainer’s Manual that Millie will prepare and give to you
- experience various ways that you can adapt the model and structure to fit your personal style and your particular audiences
- clarify your own intentions/knowledge/and goals for presenting *OASIS* to others
- practice your presentation skills and receive coaching and support to enhance them
- share ideas and passions with other dedicated trainers
- develop your own specific plan for presenting *OASIS*
- create a community that will support you as you launch *OASIS*.

In the weeks following the All-Day Training, you will be expected to:

- 1) make the *OASIS Strategies* part of your own daily practice, and
- 2) present *OASIS* to several groups of your choice.

This will be an extremely important experimental and learning time. I will invite you to notice how the *O Strategies* impact your own daily life, and I will warmly encourage you to use your own experiences and particular talents to teach *OASIS Strategies* in ways that resonate with you. I will suggest that you try it with various groups of people to get the feel of different “audiences,” and that you give yourself compassionate critiques (I will explain a way of doing this) after each presentation.

After the All-Day Training, we will have **2 Teleconferences** to give you support – and to encourage you to share your triumphs, your challenges, your questions with each other and with me – as you begin using *OASIS* with different populations. I will also give you tips regarding teaching, “marketing,” and making a difference.

Two to three months after the All-Day Training we will have a **Follow-up ½ Day Training** at Millie’s office in New Haven – date to be decided by group.

Goals of this Training Day are:

- to deepen your skills and strengthen your confidence
- to share ideas and initiatives with each other

- to deal with problems/challenges/barriers that we have faced during the past several months
- to have the opportunity to present the Strategies in front of your peers
- to take your written exam as one of the requisites for becoming an authorized *OASIS* Trainer
- to bring us together as a teaching community
- to celebrate your personal and professional growth during this Training
- to make plans for the future.

When you successfully complete the training, I will authorize you to become an *OASIS TRAINER*. As such, you may:

- present *OASIS* to groups of your choice. If you are paid for this service, I do not expect you to pay a percentage back to me
- have access to the *OASIS* book and all *OASIS* properties at a discount and, if you wish, sell them at regular price and keep the profit
- be part of the *OASIS TRAINERS' COMMUNITY*. I envision this community as a wonderful, committed, fun group of women and men who believe in *OASIS* for themselves and who are eager to share it with others – in whatever way they wish. Some of the venues that have already been suggested include:
 - coaches, therapists, health workers
 - parents, teachers, students (pre-school through university)
 - CEOs, corporate groups, teleclasses, radio presentations
 - office executives, personnel
 - engineers, attorneys, financial professionals
 - postal carriers, police/fire/EMT/military/doctors/nurses – other high-stress professions
 - significant others of people in high-stress professions
 - men's groups, women's groups, families, parents of children with special needs, grandparents caring for grandchildren
 - your place of prayer, worship or renewal
 - Chambers of Commerce, Rotary Clubs
 - spas, health clubs, doctors' offices, hospitals
 - your own professional, health, and neighborhood groups
 - survivors, stroke victims, those with chronic illnesses
 - libraries, your local bookstores, adult ed classes, senior centers.

Currently I receive more invitations to present *OASIS* than I can handle. I look forward to passing these invitations on to you authorized *OASIS TRAINERS*.

Overall fee for the *OASIS Training the Trainers* = \$695.

The fee includes the all-day training, two teleconferences, ongoing support, the 1/2-day training, and all materials. Materials include:

- *OASIS in the Overwhelm*, 160-page book
- 55-minute DVD Training Module: Millie presenting *OASIS* to a large group
- PowerPoint discs: two models for presenting *OASIS*
- 21-page *OASIS* Training Manual.

Payment may be made by check, cash or credit card. Note that for most professionals, these expenses are tax deductible.

*Bring a friend, colleague or family member and receive \$50 off your registration fee.
Group discount also available*

My assistant Renee O'Connell is helping organize this *OASIS Training the Trainers*. Please let us know soon if you wish to join the Training. Space is limited, and I want to have the very best, most enthusiastic people in this training group.

If you have any questions, feel free to contact me or Renee O'Connell - renee@oasisintheoverwhelm.com, 203-888-4733.

I am very excited to extend this invitation to you.

All the best,
Millie

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Bring out the *BEST* in you, your work, and your life.



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